INFANT ROOM October 2026

	Week 1	Week 2	Week 3	Week 4
Social & Emotional	**Facial Expressions** Focus on Verbal & Non-verbal Cues. Talk about what you see H.H.#24 LL-11	**Feelings** Show pics & talk about different feelings. LL-13	**The Eyes Have It** Connect w/ eye contact, acknowledge & mimic their sounds SE-12	**Freeze Play** Bounce or Rock then freeze/ stop. (Base for self-regulation) SE-11
Communication, Literacy & Language	**Snuggle & Read** Work on building bond & fostering trust LL-17	**"Where is Thumbkin?"** Sing song with movements	**Share Feelings & Needs** Talk to them about themselves & their feelings	**Nature Walk** Looking out the window/take nature walk (if weather allows) looking for hints of Fall LL-22
Physical Development	**Ice, Ice, Baby** Let child explore ice. Talk about cold, wet & melting. Fine motor play P-10	**Baby Yoga** Place child in different yoga moves and poses while describing their movements	**Tick-tock Goes The Clock** Swing child from side to side like pendulum	**Stretch & Grow Exercise** Opposite hand to foot. Crossing mid-line MM-21
Critical Thinking	**Counting Diaper Snaps** Building foundation for counting & becoming familiar with number words	**Peek a Boo Box** Hide toys in box and play peek a boo with them M-07	**Nature Exploration** Count/Touch/ Explore nature items such as leaves & pumpkins	**Hide & Find** Hide pumpkin under scarf. Talk about out of sight but still there MM-20
Discovery Time	**Find the Sound** Use musical toy and play hide and seek with sound M-23	**Dance Party** Bonding through music & movement MM-27	**Painting** Invite children to explore painting materials P-36	**Foam Paintings** Provide child with foam paint and paper

Christian Focus: Gentleness