JOYFUL NOISE
Christian Childcare

Healthy & Happy

An overview of health goals and sick policies
At Joyful Noise Christian Childcare

Nothing feels better than being happy and healthy! Our health goals and policies at Joyful Noise Christian Childcare ensure that each child is feeling their best, physically and emotionally. When illness or compromised well-being occurs, the policy helps to guarantee that children are given the proper recovery time to return to optimal health. This also protects the health of other children, as well as staff members, at our center. Read on to learn more highlights from our health policies! Please be aware that parents are required to read the entire Center Policies document, found at www.JoyfulNoiseKids.com/CenterPolicies.pdf, as well as acknowledge the information in an annual contract.

Student Health Checklist

1. Student has a fairly regular and healthy appetite.
2. Student seems emotionally well, and is alert and ready to participate.
3. Student is symptom-free of illness such as fever, vomiting, etc.
4. Student is not in pain.
5. Student has received ample time to recover from an illness (such as a bacterial infection) with proper resting time and prescribed medication at home.

Not feeling so hot?

When a child isn't acting like his or her self, we know that something could be wrong! It can be something as simple as cutting a new tooth, having an extra tired day, or feeling a little blue.

However, when your child's symptoms begin to prevent them from participating with the group, it's time for us to assess the situation and alert a parent or caregiver.

Read on about our health policy and how we evaluate and handle childhood illness!

When you're not at your best,
You really need rest!

What is a fever?

Any temperature of 100.4 or higher is considered a fever. At Joyful Noise, ***all fevers are treated the same regardless of origin.*** *We can't be sure what is causing a fever, and the underlying cause could be viral. Whenever viral fever is present, a child is contagious.*

A child with a fever must remain out of attendance until they have been fever free without the use of medication for one full attendance day. Children who have been diagnosed with a bacterial infection must be treated a full attendance day before returning. Parents ***do*** *pay tuition during this time.*

How do we prevent illness?

- **Observing the Joyful Noise Health Policy**

Sticking to our sick policy not only provides the best protection for the children and staff at the center who are not ill; it also ensures that kids who are under the weather receive proper time to recover!

- **Washing hands frequently**

At Joyful Noise, staff washes hands when they arrive for work, before handling food, before administering first aid, when aiding children with bathroom facilities or diapering, after restroom use, and on many other occasions. Students also wash hands before meals, upon restroom use, and any other time necessary. Proper handwashing is the best prevention for the spread of disease!

- **Thorough Cleaning and Sanitizing**

Our center facilities are cleaned daily from top to bottom. Classrooms are cleaned and sanitized using a "three step method" that cleans surfaces with soap, rinses, and then sanitizes. Soiled toys and equipment are also sanitized as needed.

Did you know?

Our childcare center is unable to rinse underwear or clothes that are soiled with bodily fluid. Doing so is a health violation. Make sure to check your child's cubby or hook for bagged items that may be soiled so that you can give them attention quickly!

Do you have a back-up plan for when your child is sick?

Concerning Tummy Trouble…

If a child vomits or experiences multiple instances of diarrhea, they will need to be picked up, and remain at home for at least one full attendance day, and until any additional symptoms have subsided for 24 hours.

What about infants, and spitting up? Some spitting up for infants is normal, and our infant caregivers are trained to recognize what is abnormal for your child or others. Forceful or continued vomiting will be a cause for concern regarding the infant age group. Older toddlers or preschoolers do not typically experience spit-ups or incidents of vomit without accompanying illness, so all vomiting (or excessive diarrhea) at this age is treated as a potential case of gastroenteritis (rotavirus, norovirus, etc.).

Thanks for your help in following our health care policy. We know that sometimes, absence from illness can cause a lot of stress on a family. However, observing proper guidelines makes the difference between a few isolated outbreaks of sickness turning into a widespread illness.