

To: All Joyful Noise parents  
From: Sally Segers, JN Director, and St. of Mi. Daycare Licensing  
Re: Proper attire

**State of Michigan Daycare Licensing requires:** “daily outdoor play when children are in attendance for 5 or more continuous hours per day, unless prevented by inclement weather or other weather conditions that could result in children becoming overheated or excessively chilled.”

Our Joyful Noise staff use the internet to check for temperature with wind chill or heat index (depending on the season) to determine how long to bring children outdoors to play. The younger the child the less their bodies can adjust to heat and cold, and the more prone they are to frostbite or heatstroke.

In the winter if the temperature is 16-18 or above, with windchill factored in, the older children (3's, 4's & sch.age) will go out to play for an amount of time appropriate for the temperature. If the temperature with windchill is 18-22 or above, the children age 2 and under will go outside for an appropriate amount of time according to temperature. In the winter, our older children usually go outdoors twice per day. The younger children usually only go out once. How often they go out most always depends on whether they all have appropriate outdoor clothing, how soggy their outdoor gear is by afternoon, etc..

When children aren't here with all gear, they are unable to participate comfortably. For example, we've recently had some **beautiful** days with lots of sun. We tried to scrounge up extra gear for at least a dozen kids in our center. Some went out with adult gloves on, extra sweat pants in place of snow pants, shoes instead of boots, etc., etc. We have even gotten creative and used spare socks as mittens! When going outdoors, the whole group needs to go together due to licensing ratio requirements.

You can help us out by making sure your child has the necessary gear listed below to make for a fun, comfortable and less hectic outdoor experience. Remember that **each** item should be labeled with your child's name. **We reserve the right to label your child's items with a marker if not labeled from home.**

- Snowpants
- Mittens with clips or string to keep attached to jacket (no gloves for kids under 4)
- Hat
- Boots
- Jacket

Feel free to leave a spare set of mittens at Joyful Noise for use when the first pair is too wet.

Other items that should always be kept here or sent daily,

- Extra clothing (all children) in case of spills, potty accidents or wet weather including:
  - Undies
  - Pants
  - Shirt
  - Socks
- **Shoes** to keep feet safe for play in the recreation room and on the playground. Slippers in the classroom are comfy, but not safe in the recreation room. Boots overheat feet and cause tripping when worn for indoor play.
- A blanket from home for rest time. ☺

Thank you for helping us make our large motor play successful!